

OCTOBER 2018 MENU

1 Garlic Chicken Stir Fry Veggies Pineapple Cereal Bar & Milk	2 Ravioli Peas Pears Golden Grahams & Milk	3 Cabbage Roll Casserole Green Beans Applesauce Orange Smiles & Milk	4 PB & J Carrots w/Ranch Banana Cheez Crackers & Milk	5 1/2 day of school Cook's Choice Mixed Veggies Mixed Fruit Grahams & Milk
8 Scrambled Eggs WW Bread Hash browns Oranges English Muffin & Milk	9** Ham Sandwich Mashed Potatoes Cranberries Apples & Milk	10 Taco Casserole Peas Applesauce Corn Puffs Cereal & Milk	11 Chicken Pasta Salad Carrots w/Ranch Banana Nilla Wafers & Milk	12 Cook's Choice Mixed Veggies Mixed Fruit Cottage Cheese & Milk
15 Chix Enchilada Casserole Carrots Oranges Animal Crackers	16 Hot Dog w Bun Baked Beans Applesauce Goldfish & Milk	17 Chili Mac Corn Pineapple Apple Cin O's & Milk	18 Tatertot Casserole WW Bread Green Beans Cranberries Hard Boiled Egg/ Saltines & h2O	19 NO SCHOOL Cook's Choice Mixed Veggies Mixed Fruit Wheat Crackers & Milk
22 Bean Burrito Corn Applesauce Nutty O's Cereal & Milk	23** Bologna Sandwich Vegetable Soup Peaches Granola Bar & Milk	24 Chicken & Rice Broccoli Oranges Pretzels & Milk	25 Meatballs WW Bread Mashed Potatoes Cranberries Sausage & Crackers & h2o	26 Cook's Choice Mixed Veggies Mixed Fruit String Cheese & Milk
29 Chicken Florentine Carrots Pineapple Cereal Bar & Milk	30 Ravioli Peas Pears Breadstick & Milk	31 ROOM PARTIES	Happy Halloween	

FOOD ALLERGIES: MILK NUTS BANANA CORN
SKIM /WHOLE MILK SERVED WITH ALL MEALS

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